

Cookbook of Activities for Driver Education

MT CURRICULUM GUIDE

M 17

Objective: Demonstrate how distraction can add to reaction time

INGREDIENTS

10 Yard sticks (one for every three students)

Masking tape

INSTRUCTIONS

Divide the class into groups of three; assign them as a Tester, a Reactor, and Evaluator.

For each group, place a piece of masking tape on the wall five feet from the floor

- Testers are to hold their yardsticks parallel to the wall with the yardstick even with the masking tape.
- Reactors place one hand 12 inches to the left or right of the yardstick.
- Testers release the yardstick, Reactor attempts to stop the yardstick from falling.
- Evaluator measures the distance the yardstick fell before the Reactor was able to stop it.
- Repeat four times for an average then change roles.

EXTRA MILE

Demonstration for the class.

- Use two yardsticks, one on either side of the hand, repeat the above.
- Don't tell the Reactor which yardstick will drop.
- Note the change in reaction time.
- Add more distractions to simulate how much drivers are distracted.

MT CURRICULUM GUIDE

M 17

Objective: Curbing Road Rage

INGREDIENTS

Paper and pencil
Honesty

INSTRUCTIONS

- Divide the class into groups of five.
- Each group develops a list of 10 driving errors that annoy or irritate other drivers.
- Discuss why these actions are annoying or irritating.
- Discuss and list 10 ways that a driver can be courteous and deal with these annoyances positively.